

Breakout session options



Saturday, August 24 @ 10:50 a.m. and 11:30 a.m.

Please reference the included map to easily locate your session!

Learning to Lead – Army ROTC – Schrank Hall South 108 (#1)

Army ROTC introduces you to the personal challenges and competencies that are critical for effective leadership. You learn personal development life skills such as critical thinking, problem solving, goal setting, time management, stress management, and resiliency in order to prepare yourself to lead an organization or group.

Unlocking Your Potential: The Power of Asking for Help – Schrank Hall South 110 (#1)

What can be achieved with a question? What opportunities and resources might be missed if we don't feel empowered to ask for them? Join us for an interactive session designed to equip and empower new Roo's with the tools and strategies necessary to achieve their academic goals and to maintain personal wellness during their time as a student. This session will explore a wide variety of resources and tools available for students and provide insight on how to advocate and empower yourself to ask for what you need.

Esports and Gaming on Campus – Schrank Hall South 145 (#1)

Showing all of the available options for students that are interested in gaming and esports. From competing to casting to careers, we will look at all of the things you can do at Akron

A Recipe for Success – Schrank Hall South 225 (#1)

Come and learn all about how you can create the SWEETEST collegiate experience- all starting in the comfort of your residence hall. You'll learn about exciting FREE events, mixing it up with leadership opportunities, live like an Akronite, and even learn about where you can meet some of your dearest friends!

UA Tutoring – Be Like Zippy and Get a (FREE!) Jump on Academic Success! – Schrank Hall South 229 (#1)

Sometimes even the best college students need an assist to earn the grade they want. Come see how UA Tutoring is here for you when you need us. Learn about how FREE in-person, on campus tutoring centers and FREE online tutoring services and resources can help you succeed in math, science, and many other general education courses, as well as on writing assignments from any course. No stigmas here – and did we mention UA-sponsored tutoring is FREE?!?

How to Get an A in Your First Math Class – Auburn Science & Engineering Center 120 (#2)

Getting a strong foundation in math is critical to success in many majors. Your first math course needs to be your best. Join us to discuss the tips, techniques and attitude necessary to ensure that your first math course starts you on the road to success.

Get the Scoop on Fraternity and Sorority Life! – Auburn Science & Engineering Center 122 (#2)

Joining a fraternity or sorority at UA is a great way to make connections, gain leadership skills, give back to the Akron community, and have fun! At this session you'll hear from community leaders about their Greek experience and learn how to join one of our 23 chapters.

LGBTQ+ Resource Fair – Crouse 101 (#3)

Experience the vibrant atmosphere of The University of Akron's LGBTQ+ Resource Fair, hosted by the Office of Multicultural Development and exclusively designed for incoming freshmen to explore and embrace their pride. Uncover a multitude of LGBTQ+ student organizations and local groups, connecting with valuable resources and networking opportunities. Conclude the event with a lively Rainbow Reception, a celebration of unity and solidarity. Embrace inclusion and be a part of shaping a campus that champions love, acceptance, and equality for all. #DiscoverYourPride #UAKtonLGBTQ+Fair #InclusivityMatters

Lead to Success – Crouse 301 (#3)

The Institute for Leadership Advancement offers The University of Akron's only comprehensive academic and co-curricular leadership programs to students of all academic majors and interests. This session will dive into our interactive programs - whether you enjoy working with others, meeting engaging speakers, or traveling around the country and world. These meaningful experiences - both practical and through innovative leadership projects - prepare our students to grow into strong, impactful leaders.

Involvement Starts Here! – Zook 108 (#4)

Interested in creating lasting memories while participating in some of UA's beloved traditions and exciting experiences? From student organizations and service programs to trivia nights and late nights in the Union...the Department of Student Life is YOUR destination for involvement. Join us for an interactive session where we will get to know each other and talk about how YOU get started getting involved on campus!

Get in the Game – Leigh 107 (#5)

Learn how to get involved by playing in or officiating in on-campus sport leagues and tournaments like flag football, dodgeball, volleyball! Come learn about what club sports we have and how to get more information!

Getting the Right Start – Leigh 307 (#5)

This session will discuss the myths and rumors students hear about college, and provide tips and pointers to start the semester strong. Topics of discussion will include the differences between high school and college; the added level of responsibility in college; time management and study habits; and "netiquette".

The World Awaits You – Leigh 311 (#5)

Study Abroad offers you the unique possibility to discover a new culture firsthand, practice your foreign language skills and gain valuable skills to build your resume while you explore the world. Learn about the opportunities UA has to get you to the destination of your dreams.

Undergraduate Student Government (USG) Information Session – Leigh 409 (#5)

The Undergraduate Student Government serves as the primary voice for students on campus, and advocates issues and student concerns to upper administration, faculty, and staff. This session will provide insight into some of their initiatives and longstanding projects, how they operate, and how you can get involved.

Exploring History, Science, & Art at the Cummings Center for the History of Psychology – Kolbe 51 (#6)

Did you know that The University of Akron is home to the only museum of psychology in the United States? Or that there are galleries on campus where you can explore the widespread human experience? Learn all about the unique offerings of the Cummings Center by attending this breakout session, including events, exhibits, volunteer and employment opportunities, certificate programs, and resources that can support your education. This session is ideal for anyone interested in psychology, history, arts, humanities, and culture.

Impact Akron – Kolbe 215 (#6)

Hear about ways to partner with local changemakers to apply what you're learning in the classroom to make real-world impact via opportunities with the EX[L] Center for Community Engaged Learning.

Self-Care for Student Success – College of Arts & Sciences 107 (#7)

The Counseling and Testing Center is here to provide individual and group counseling and learning workshops to help manage and succeed in college. We will talk briefly about helpful information on how to succeed in college through good self-care. We hope to see you soon!

Dining 101 – College of Arts & Sciences 140 (#7)

Dining Services will provide information about meal plans and dining on campus. You will learn about meal plan options, how to choose the right meal plan to fit your needs, where to eat on campus and more. You will also have an opportunity to talk on-on-one with Dining Services' Marketing Manager, Heather Piper.

Be Ready with the Akron ALL-IN Book Bundle – College of Arts & Sciences 142 (#7)

This session will cover how the ALL-IN Book Bundle works so you are prepared for the first day of classes.

Taco 'bout Careers with UA Career Services and Student Employment – Olin 124 (#8)

Learn about resources for major exploration and career preparation. Explore on-campus student employment jobs as a Zips@Work student employee!

Better Than Chicken Soup – Student Recreation & Wellness Center 245 (#9)

Being a successful Roo means more than getting good grades. Successful Roos take control of their health and wellness. This breakout session discusses the free and low-cost opportunities available to University of Akron students to help maintain and improve your health and wellness.